

## CUPSET CATCH A BALL CUP SET

## **Features:**

- Ball and cup set
- Great for hand-eye coordination
- Set of 6 colors (1 of each) Red, Orange, Yellow, Green, Blue, and Purple



## **Cup Ball Activity Guide:**

Our Champion Sports Ball & Cup Set is great for hand-eye coordination. Featuring six balls and cups in an assortment of vibrant rainbow colors, this game provides a fun and entertaining challenge!

- 1. In Front Swing Swing the ball in a large arc in front of you and catch the ball in the cup.
- 2. **Backward Swing** Swing the ball in a large arc behind you and catch the ball in the cup.
- 3. **Around the World** Swing the ball in a large arc numerous times before catching it in the cup.
- 4. **Opposite Leg Swing Around** Hold the cup and ball in one hand and lift the opposite leg off the ground. Swing the ball around the lifted leg and catch the ball in the cup.
- 5. **Opposite Arm Swing Around** Hold the cup and ball in one hand and extend the other arm out in front of you. Swing the ball around the extended arm and catch the ball in the cup.
- 6. **Bounce and Catch** Using a ball that will bounce, bounce the ball on the ground and catch it in the cup. It can be performed using more than one person. One person bounces the ball and the other catches it. Try it with 2 or 4 players.
- 7. **Spin and Catch** Using a ball that will bounce, bounce the ball on the ground, spin completely around and catch it in the cup.
- 8. **Cup Cones** Place cones on the ground with the handles facing up. You now have a small game cone. Now arrange them so you have 6 bowling pins.
- 9. **Pass it Along** Place larger objects on top of the cups (softball, bean bags, etc.) and have players transfer the object from cup to cup and player to player without dropping the item.
- 10. **Balance** Balance the cups on your head, shoulders, knees, and feet.
- 11. **Relays** Use the cups as batons.
- 12. **Ring Toss** Use the cups as the rings.

