



MBR40

MEDICINE BALL REBOUNDER

Features:

- Multi-purpose 28" diameter rebounder
- Adjustable angle up to 60 degrees
- Solid h&le with neoprene grip
- Solid tubular steel frame
- Built-in medicine ball tray
- Balls are not included
- Weight: 60 lbs
- 36"L x 39"W x 42"H
- Black



Instructions:

Designed for cardio workouts & rehabilitation strength training, the Champion Sports Medicine Ball Rebounder features a 28" diameter rebounder that relays medicine balls back to the thrower.

1. Start by inserting the T-bar to the fixed location on the base of the rebounder, & secure with shorter bolts, washer, & nut. Figure 1
2. Open the rebounder & base, & assemble the rebounder to the fixed location on the T-bar, & secure with longer bolts, washer, & nut. Figure 2.
3. The big screw on the T-bar can be used for multiple angle settings. Figure 3.

Figure 1

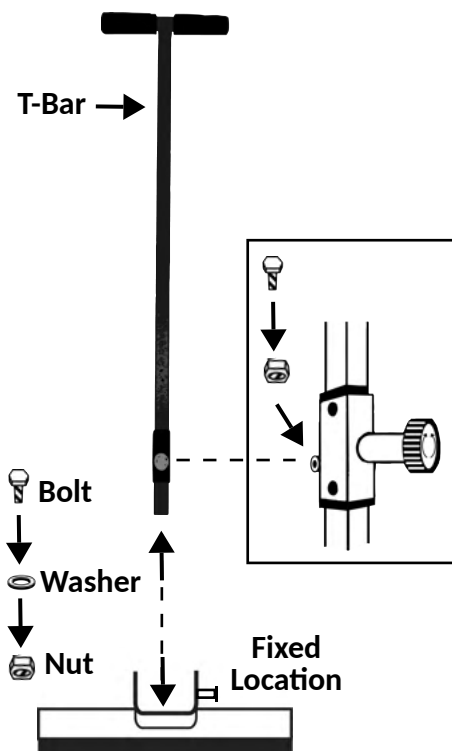


Figure 2

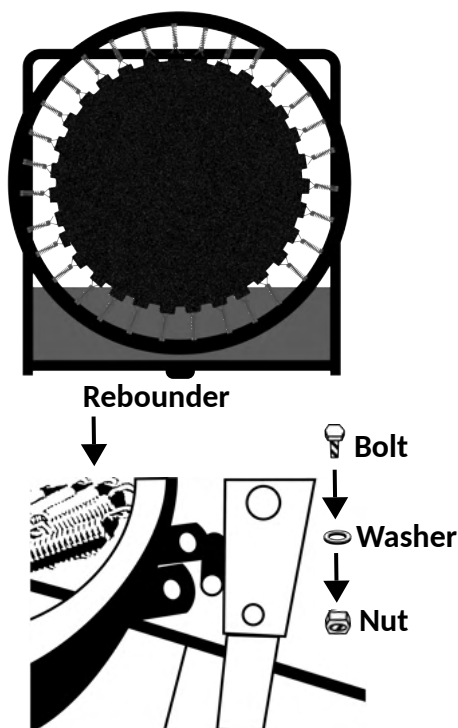
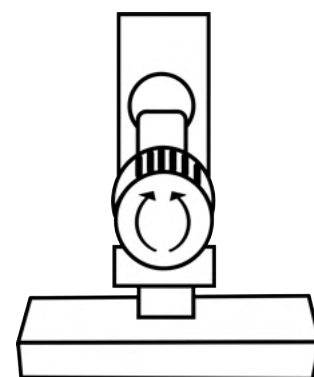


Figure 3



PARTS:

- 1 Rebounder
- 1 T Bar
- 2 Bolts
- 2 Nuts
- 2 Washers
- Wrenches